

Ion spa detox

DETOX YOUR BODY

Only 30 minutes, twice a week to detoxify and energize your body.

We all know our feet sweat/perspire. It is nature's own detoxifying system. But even nature's detoxifying system needs help. Imagine an all natural system for detoxifying that uses your feet as a conduit to remove unhealthy toxins from your body.



* Before



* After



Detox Your Body!!!

Yes, each foot is actually a channel, a conduit, through which your body attempts to get rid of toxic wastes that are accumulating within the organ and body tissue. Without help, many of these toxins will remain in your body. These toxins can lead to those sluggish feelings: headaches, body pain, various diseases, and possibly a shortening of ones life. Your Ion Spa is the most natural way to give nature a helping hand in ridding your body of toxins. And what would you say to yourself if you could see many of those toxins that you have been storing up in your body for years creating ill health?

What To Expect.

During the course of your session, the unit's water will most likely change colour and bits of foreign matter may appear as sediment (toxins being removed with the foot bath). This is to be expected.

The water colour change in the Ion Spa is caused by a reaction between the toxins being pulled from a user's body and particles in the water, salt added to the water, the metals in the ionizer and the acidity or alkalinity of the user. You may see the excreted toxins, including parasites, in the water. The water may change colour and consistency from orange, brown through to black due to the release of toxic substances through the 2000 pores on the sole of each foot. There may also be lymphatic fat or mucous floating on the water.

Benefits gained from detoxifying your cells with the Ion Spa

The human body is electric because our cells are electric. Disorders and diseases of the body have vibrational frequencies that are incompatible with healthy cells; thus, they disrupt the cells' natural oscillation and polarity.

This disruption creates imbalance and chaos within each affected cell so they are unable to facilitate the body's functions needed for healing, including ridding itself of heavy metals, parasites, chemicals and other toxins.

When cells are fully charged, they have more oxygen and are able to experience electrical balance, which results in a feeling of a healthy attitude, vitality, well-being, and enables the body to heal itself.

By enhancing the pores you are actually thoroughly utilizing one of your body's natural methods of releasing unwanted toxins.

Water has an almost perfect balance of positive and negative ions. Since the body is composed of about 70% water, its ability to interact with water is very high. When you immerse a body mass into water, the vibrational frequency of the water will affect the vibrational frequency of the body due to the interaction of the magnetic and electrical fields creating an ionizing effect.

No discomfort is experienced other than tingling in the feet. The process takes 30 minutes.

It is painless, with no drugs, and no harmful side effects. This is completely safe to use and is an exceptionally wonderful and natural healing tool.

How often should you detox?

The suggested protocol for adults of all ages is to use the machine every second or third day for 14 sessions (about 2 months). After that, take a break for two weeks. You can then start over with every third day for 14 sessions, and either continue on that program, or start using it as desired. Children under 4 years of age should not use the Ion Spa. Age 5 - 7 years = 10 - 15 minutes, Age 8 - 12 years = 15 - 20 minutes, Age 13 - 17 years = 20 - 30 minutes.

It is not recommended for pregnant women, anyone with joint implants, epilepsy, open wounds on feet, a pacemaker, an organ transplant, diabetes type 1, or anyone undergoing radiotherapy/chemotherapy. Before using this or any other device, you are advised to consult with a health care professional. If you are on medication which regulates your heart rate or anti-depressants you can only use the Ion Spa under the supervision of a health care professional.

Benefits You May Experience By Detoxing

- ▶ Increase in energy levels, (both physical and mental)
- ▶ Purges the body of toxic chemicals, radiation and heavy metals
- ▶ Parasite cleansing
- ▶ Liver detoxification
- ▶ Releases fluid retention
- ▶ Reduces inflammation
- ▶ Improved memory
- ▶ Can improve bladder control
- ▶ More balanced pH
- ▶ Stronger immune system
- ▶ Releases headaches
- ▶ Significant pain relief (gout and arthritis)
- ▶ Reduced skin problems, acne
- ▶ Less candida and yeast infections
- ▶ Reduced sleep problems
- ▶ Improved circulation
- ▶ Reduced hot flushes
- ▶ Reduced PMS
- ▶ Reduced menstrual pain

Some Facts To Consider!

Our eating habits, busy lifestyle and pollution from the environment may cause a build up of toxins. It is a well known fact that heavy metals, parasites and chemicals can cause immeasurable damage to the body and emotional imbalance as a consequence.

Heavy metal poisoning can be induced from a variety of sources such as:

- ▶ Tap water (copper and lead from corroded water pipes)
- ▶ Polluted air we breathe
- ▶ Amalgam fillings - mercury is one of the most toxic substances (silver fillings in teeth)
- ▶ Tinned fish (high levels of mercury content)

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