

Ion Spa detox foot bath - Testimonials

After being to the Doctor I was surprised to learn that my iron level was really high. My friend had offered me a detox in an Ion Spa and I accepted readily. The result of the Ion Spa was thick brown water that smelled like wet rusty iron. I poured the water on my garden and the plants which received the water, bloomed out of season. The blood test prior to the detox showed an iron content of 847.

The normal iron content should range between 22 – 275. After the detox in the Ion Spa the blood test showed the iron content lowered to 341. The only change to my lifestyle was the detox between my blood tests. I also experienced an overall wellness, especially in the area of my depression. I was much more emotionally level, this feeling lasted 4 – 6 weeks. It completely took away my addiction to coffee and sugar, noticing this change the very next morning when I went to make my regular second cup of coffee. I just didn't want it.

Jan Werribee

I am so excited about the result of the Ion Foot Spa treatment. Let me explain why: As a child growing up in Africa I contracted Hepatitis A and as a result I have found that my liver does not function optimally. All my life I would drink wine only at special occasions and definitely no more than 2 glasses. Lately I have noticed that I felt absolutely terrible after just one glass of wine and the next day I would have a terrible headache despite drinking lots of water. I am delighted to report that I have noticed a dramatic improvement in my health after just one treatment with the Ion Foot Spa. I can now again enjoy a glass (or two) of wine with a meal and no longer have to fear the after affect as there is none! I feel energised and just a lot more healthy in general. I believe that as a result of poor liver function, toxins has built up in my liver resulting in an inability to function as it should. If the colour of the water in the Ion Foot Spa is anything to go by, I have been carrying around quite a lot of toxins. Thank you for introducing me to this treatment. I will be back shortly for a follow-up treatment.

Alida Weitsz